



Trauma through a Child's Eyes

Playshop with Maggie Kline

14-17 May 2026 | Veriu Hotel ,101 Thierry Street Melbourne

LAST TIME IN AUSTRALIA



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Trauma through a Child's Eyes



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Dates: 14-17 May 2026

Times: 10.00am – 5.00pm

Location:

Veriu Hotel

101 Thierry Street Melbourne VIC

Presenters:



Maggie Kline
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[maggie-kline.png](#)

Event Overview:

This 4-Day PlayShop cleverly interweaves the basics of Somatic Experiencing® trauma healing with art, movement, attachment principles, and breath work. It also represents Maggie Kline's final in-person delivery of this PlayShop in Australia, making it a particularly meaningful learning experience

What You Will Learn:

The Resilience Roadmap Model for alleviating symptoms and behaviors such as anxiety, depression, ADHD, nightmares, and aggression.

“The 8 Essentials of Healthy Attachment” to develop a resilient nervous system with activities for ventral vagal and social-emotional development.

Teaching kids and teens sensory (interoceptive) awareness and tracking skills with art, games, and breathing to increase emotional regulation through charge/discharge cycles, settling, and integration.

Boundary work with children and teens for empowerment after sexual or physical violation.

Small group process work with the shock and grief from personal losses such as death, divorce, and abandonment.

Case material fusing SETM Principles, Art, and Movement for Individuals, Groups, and Classrooms.

This PlayShop is useful for professionals who wish to integrate the core concepts of SETM when working with kids, as well as those wishing to deepen their understanding of inner child work with adults. It is a mixture of lecture, videos, experiential activities, and Q&A.

Who should attend:

- Psychologists
- Counselors
- Therapists
- Child and family therapists
- Teachers
- Youth workers
- Speech pathologists
- Integration aids
- Anyone that works with children and parents

About your Presenter:

MAGGIE KLINE

Maggie Kline, LMFT has been in education since the 1970s, a Family Therapist and School Psychologist since the 1980s, and a Somatic Experiencing® International Faculty Member since the 1990s. She is owner of Conscious Connections PlayShops and co-author with Peter Levine of *Trauma Through a Child's Eyes* and *Trauma-Proofing Your Kids*.

She also wrote *Brain-Changing Strategies to Trauma-Proof Our Schools*, and contributed chapters in four anthologies, including *EMDR for Complex Trauma and Dissociation in Children* and *The Handbook of Trauma-Transformative Practice*. Her latest contribution is *My Inner Doggie Is Growling*—a somatic and interactive children's picture book to help kids (and grown-ups) discover the sensations hidden beneath big emotions.

Maggie's work has shaped generations of practitioners worldwide, and this PlayShop offers a rare chance to learn directly from her in what will be her final in-person Australian teaching of this program.

Price:

\$AU1800

Registration:

Register by 1 May 2026

<https://restoringresilience.com.au/event-registration/>

Online Links:

Restoring Resilience Website

<https://restoringresilience.com.au/trauma-through-a-childs-eyes-playshop/>

Facebook

<https://www.facebook.com/RestoringResilienceAU/>

LinkedIn

<https://www.linkedin.com/company/restoring-resilience/>

Instagram

<https://www.instagram.com/restoringresilienceau>

Contact Details

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